PITTMED

UNIVERSITY OF PITTSBURGH SCHOOL OF MEDICINE MAGAZINE | JANUARY 2003, VOL. 5, ISSUE 1



DEPARTMENTS

OF NOTE 3
A moose chased him, and look where Matt Vitale ended up. Botox's remarkable effect on stroke survivors. These Pitt med alumni go where miners are most vulnerable: down deep.

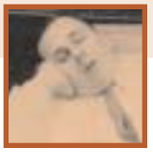
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Even if the operation goes well, in all likelihood the struggles aren't over for seriously ill children and their families once they leave the hospital. Pediatric surgeon Edward Barksdale Jr. helped found an agency to support them.
FOLLOW-UP BY JASON TOGYER

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JASON TOGYER—["Healing Families" and "Drumming Up Answers"] If you tune into Jason Togyer's WRCT oldies show on a Saturday morning, don't expect to hear Elvis' version of "Hound Dog," expect Big Mama Thornton's instead. This jockey is dedicated to original artists. Togyer, *Pitt Med*'s new senior editor, is a bit of a purist, which is evident in the way he wields a red grease pencil on our alumni section. You might recognize his byline from his career with the *Pittsburgh Tribune-Review*; he has adapted easily to his recent foray into the world of magazines. Last year, writing for *Pitt Magazine*, he garnered the Bronze Anvil award. DAVID POHL—[Cover and "More Than a Good Snooze"] An illustrator interested in Eastern spirituality and the impermanence of life, Pohl often creates art out of materials that will not last—leaves, Goldfish crackers, a tiny bird skull. He regularly shows his art in galleries and is also a commercial illustrator, completing nearly 1,000 commissioned pieces in the past 12 years. His client list includes *The New York Times* and *The Atlantic*. See his work at www.davidpohl.com.

COVER

Bring me a dream: Western Psychiatric Institute and Clinic researchers keep finding links between sleep and our mental and emotional health. They can even explain why your teenager won't go to bed, or at least begin to explain. (Illustration: David Pohl)